

*Class Schedule * Effective - September 1, 2021 to December 22, 2021 **

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Afternoon & Evening Classes</i> ↓	Testing Preparation	Kicks & Pads	Board Breaking & Kicking Combinations	Forms & Weapons	Sparring & Sparring Drills	Self Defense & One-Step Sparring's
4:00 to 4:45	Jr White to Orange	Jr Green to Purple-1	Jr Blue to Black	Jr Green to Purple-1	Jr Yellow to Black <i>(Gear Required)</i>	<i>Morning Classes</i> ↓
4:45 to 5:30	Jr Green to Purple-1	Jr Blue to Black	Jr White to Orange	Jr Blue to Black	Jr White <i>(Non Sparring)</i>	9:30 to 10:15 Jr White to Black
5:30 to 6:15	Jr Blue to Black	Jr White to Orange	Jr Green to Purple-1	Jr White to Orange <i>(Non Weapons)</i>	Pre-Teens & Teens Adults	10:15 to 11:00 Pre-Teens & Teens Adults
6:15 to 7:00	Pre-Teens & Teens	Pre-Teens & Teens	Pre-Teens & Teens	Pre-Teens & Teens		
7:00 to 7:45	Adults	Adults	Adults	Adults		

- **Green Belt** students & above are **Required** to bring all weapons (Staff & Sai) to **Thursday's** class.
- **Open Studio** is for White Belt students & above, all ages **Jr's/Pre-Teens/Teens/Adults**.
- **Pre-Teens & Teens** class is for White Belt students & above, ages **9 to 14** years old only.
- **All Students are Required** to attend at least **2 Sparring** classes per month consistently to qualify for the monthly "Graduation Ceremony", please bring gear to **Friday's** class.
- *For Best Results:* Students should try to attend **2 to 3** days per week alternating.
- **Class Schedule** is subject to change every **4** months to accommodate changing number of students in the ranks after promotional exams, **January, May & September**.
- *Studio Hours:* Monday to Friday **7:00am to 3:00pm**, by Appointment only.
Monday to Thursday **3:00pm to 8:00pm**,
Friday **3:00pm to 6:30pm**, Saturday **9:30am to 11:00am**, Sunday Closed.
- *Graduation Ceremony:* September 25th, October 30th, November 20th, December 18th.
- *Time:* **9:30am Sharp to 11:00am** - **White Belt** to **Red Belt**.