

*Class Schedule * Effective - January 6, 2020 to April 30, 2020 **

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Afternoon & Evening Classes</i> ↓	Sparring & Sparring Drills	Testing Preparation	Hand Techniques & Self-Defense	Kicks	Weapons	Forms
4:00 to 4:45	Jr Yellow to Black <i>(Equipment Required)</i>	Jr Blue to Black	Jr White to Orange	Jr Blue to Black	Jr White to Orange <i>(Non Weapons)</i>	<i>Morning Classes</i> ↓
4:45 to 5:30	<i>Open Studio</i>	Jr White to Orange	Jr Green to Black	Jr White to Orange	Jr Green to Black	
5:30 to 6:15	Jr White <i>(Non Sparring)</i>	Jr Green to Purple-1	<i>Open Studio</i>	Jr Green to Purple-1	Pre-Teens & Teens Adults	10:00 to 11:00 Jr White to Black Pre-Teens & Teens Adults
6:45 to 7:45	Pre-Teens & Teens	Pre-Teens & Teens	Pre-Teens & Teens	Pre-Teens & Teens		
6:45 to 7:45	Adults	Adults	Adults	Adults		

- **Yellow Belt** students & above are **Required** to bring full **Sparring Gear** to **Monday's Sparring** class.
- **Green Belt** students & above are **Required** to bring all weapons (Staff & Sai) to **Friday's** class.
- **Open Studio** is for White Belt students & above, all ages **Jr's/Teens/Adults**.
- **Teens** class is for White Belt students & above, ages **10 to 13** years old only.
- **All Students are Required** to attend at least **2 Sparring** classes per month consistently to qualify for the monthly testing.
- **For Best Results:** Students should try to attend **2 to 3** days per week alternating.
- **Class Schedule** is subject to change every **4** months to accommodate changing number of students in the ranks after promotional exams, **January, May & September**.
- **Studio Hours:** **Monday to Friday 7:00am to 4:00pm**, by Appointment only.
Monday to Thursday 4:00pm to 8:00pm,
Friday 4:00pm to 6:30pm, Saturday 10:00am to 11:00am, Sunday Closed.
- **Testing's:** January 25th, February 29th, March 28th, April 25th.
- **Time: 9:30am Sharp - White Belt to Red Belt.**